



Advice and Wellbeing Hubs

Access free, confidential and practical advice around your mental, emotional and physical wellbeing from our advice and wellbeing team and specialist local partners.

Your local Peabody team will also be there to help with queries around housing, repairs, rents, money and benefits, community safety and more.

Come along to a drop-in session on the last Wednesday of each month.

29 April	12pm-3pm
27 May	12pm-3pm
24 June	4pm-7pm
29 July	12pm-3pm
26 August	12pm-3pm
30 September	4pm-7pm

**Jasmine Centre
Lancaster Road
Southall, UB1 1AT**

Pop in for a free hot drink and a chat

Scan the QR code below to find out more about our Advice and Wellbeing offer

