



# Advice and Wellbeing Hubs

Access free, confidential and practical advice around your mental, emotional and physical wellbeing from the advice and wellbeing team and our specialist local partners.

**Your local Peabody team will also be there to help with queries around housing, repairs, rents, money and benefits, community safety and more.**

Come along to a drop-in session on the second Wednesday of each month **10.30am-1.00pm**

8 April  
13 May  
10 June  
8 July  
12 August  
9 September

**The Unity Centre  
103 Church Road  
London, NW10 9EG**

**Pop in for a  
free hot drink  
and a chat**

Scan the QR code  
below to find out  
more about our  
Advice and Wellbeing  
offer

