

The Clockhouse

Peabody
Community
Foundation

The Clockhouse, Long Ground, Greater Leys, OX4 7FX

If you're over 50 and live in Blackbird Leys or Greater Leys,
there's lots on at The Clockhouse!



Welcome to The Clockhouse

For activities, please contact
Leys CDI on:
clockhouse@leyscdi.co.uk
01865 395908



Monday

10am-11am

Zumba Gold, £4

A great way to start your week.
Focussing on all element of fitness -
cardiovascular, muscle conditioning,
flexibility and balance. No need to
book, just come along.

12pm-2pm

Monday Social, £2

Conversation, friendship, games
and activites. Catch up with old
friends and meet new friends over
tea, coffee and biscuits. No need to
book, just come along.

1.30pm-3.30pm

Garden Club, £2

Everybody welcome! New
gardeners, experienced
gardeners. Catch up and learn
over tea, coffee and biscuits. No
need to book, just come along.

Tuesday

10am-12pm

Singing for Fun

No experience or special skills
needed. The group's just for fun.
Come and sign your heart out!
There's time for a cuppa and chat
too. No need to book, just come
along.

1pm-3pm

Movie Tuesdays, £1

An oppportunity to sociliase and
watch a film in a warm, friendly
and comfortable environment.
Hot and cold refreshments
available. No need to book, just
come along.

Wednesday

9.30am-2.30pm

Hot lunch

Join us for a freshly prepared hot lunch cooked by trained chefs. All dietary requirements catered for. Closed bank holidays.

For more details, contact Rosewood on 01865 749349
rosewood@daybreak-oxford.org.uk

10am-12pm

Craft Group

Bring your own craft that you're working on and enjoy some conversation at the same time. No need to book, just come along.

1pm-3pm

Art for All

Bring your own craft that you're working on and enjoy some conversation at the same time. No need to book, just come along.

1pm-2pm

Tai Chi, £3

Slow and gentle movement exercises.

This is held at:

The Barn, Nightingale Avenue,
Oxford, OX4 7BU

No need to book. Just come along.

Thursday

10am-11.30pm

S.K.I.P. £1

Unique, fun intergenerational sessions with seniors of The Clockhouse and preschool children from The Dovecote Centre.

1pm-3pm

Thursday Social, £2

Lively conversation, board games, quizzes and Boccia. Tea, coffee and biscuits provided. No need to book, just come along.

Friday

9.30am-2.30pm

Hot lunch

Join us for a freshly prepared hot lunch cooked by trained chefs. All dietary requirements catered for. Closed bank holidays.

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Hire The Clockhouse!

The centre runs activities for those 50 and over.

If you've something you'd like to organise or book, or would like to arrange a visit, get in touch!

- Large hall
- Smaller group room
- Fully equipped kitchen

Contact Rebecca Thompson
Senior Duty Operations Assistant
rebecca.thompson@peabody.org.uk
0300 123 3456

