



# Strengthening Families, Strengthening Communities

FREE 13 week programme for both expectant parents and parents of children up to 18 years old designed to promote some of the protective factors associated with good parenting.

The course aims to help you in developing or promoting:

- strong ethnic and cultural roots
- positive parent-child relationships
- a range of life skills
- self-esteem and self-discipline
- social competence and ability to access community resources

**Every Monday** (except 17 Feb & 7/14 April)  
**27 January – 12 May 2014**  
**10.00am – 2.00pm**

Lunch provided  
Advance booking required

Crèche facilities available places are limited and must be booked at least 7 days in advance.

For more information, phone  
**020 7021 1600** or  
email [families@peabody.org.uk](mailto:families@peabody.org.uk),  
[j.ansett@coinstreet.org](mailto:j.ansett@coinstreet.org) or visit  
[www.coinstreet.org](http://www.coinstreet.org)

**Coin Street Neighbourhood Centre**  
**108 Stamford Street**  
**London SE1 9NH**



**Coin Street Neighbourhood Centre**  
**108 Stamford Street**  
**South Bank**  
**London SE1 9NH**

**For translations, large print, braille or audio format, please contact:**

অনুবাদের জন্য অনুগ্রহ করে যোগাযোগ করুন:

Pour les traductions, veuillez contacter:

Para traduções, contacte:

Tercüme için lütfen irtibat kurunuz:

للترجمة يرجى الاتصال بـ:

☒ Policy and Insight, Peabody  
45 Westminster Bridge Road  
London SE1 7JB

✉ peabody.direct@peabody.org.uk

☎ 020 7021 4444 or 0800 022 4040