



Advice and Wellbeing Hubs

Access free, confidential and practical advice around your mental, emotional and physical wellbeing from our advice and wellbeing team and specialist local partners.

Your local Peabody team will also be there to help with queries around housing, repairs, rents, money and benefits, community safety and more.

Come along to a drop-in session on the first Tuesday of each month

| | |
|-------------|----------|
| 7 April | 12pm-3pm |
| 5 May | 12pm-3pm |
| 2 June | 4pm-7pm |
| 7 July | 12pm-3pm |
| 4 August | 12pm-3pm |
| 1 September | 4pm-7pm |

**Pembury Community Centre
1 Atkins Square
Dalston Lane
Lower Clapton
London
E8 1FA**

Pop in for a free hot drink and a chat

Scan the QR code below to find out more about our Advice and Wellbeing offer

